

The Importance of Three-Point Contact

What are the three points of contact?

This important rule requires at least three points of contact at all times when getting on/in or off/out of a vehicle: two hands and one foot, or two feet and one hand.

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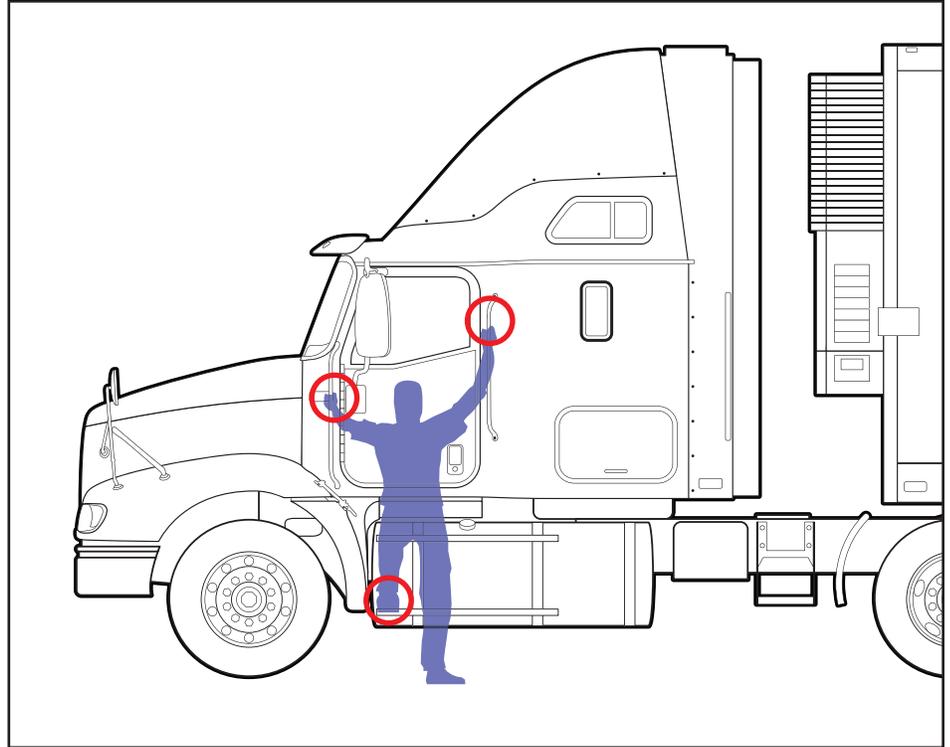
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Want to know more?

As your WorkSafe Consultants, we're committed to providing you unrivaled loss control services and online safety materials, including:

- Safety-training modules accessible 24/7 for policyholders' employees, including "Don't Hurt Yourself — Steps Professional Drivers Should Take to Reduce Falls and Sprains" specific to this campaign.
- Loss control booklets and other printed materials available to print and order from our website.
- Low-cost safety-training videos from our online library.

Visit us at AccidentFund.com.



How to stay safe

Each year, far too many serious and needless injuries happen to drivers while getting in and out of their vehicles. By using the three-point contact method you will greatly reduce the potential for injuries.

Remember these key points:

- Maintain three-point contact at all times when entering or exiting a vehicle.
- The three-point contact method should only be broken after reaching the ground, vehicle seat or other stable platform.
- Never enter or exit a moving vehicle.
- Always make slow, deliberate movements to avoid injury from slips and falls.
- Enter and exit a vehicle at the most direct and secure point.
- Only those employees who are authorized to drive on-the-job should do so.
- Always wear appropriate footwear for the weather conditions.
- Lead by example to help influence others to be safe.

